

# Swimming Pool Timetable

## Term Time

### MORNING

MONDAY

06:00-08:30

Lane Swim

Full Pool

TUESDAY

06:00-08:30

Lane Swim

Full Pool

WEDNESDAY

06:00-08:30

Lane Swim

Full Pool

THURSDAY

06:00-08:30

Lane Swim

Full Pool

FRIDAY

06:00-08:30

Lane Swim

Full Pool

SATURDAY

09:00-13:00

No  
Swimming

SUNDAY

09:30-13:30

Lane Swim

2 Lanes Available

### AFTERNOON / EVENING

18:00-19:00

General Swim

2 Thirds of Pool

19:00-21:30

Lane Swim

Full Pool

18:00-21:30

Lane Swim

18:00-20:00  
2 Lanes Available

20:00-21:00  
3 Lanes Available

21:00-21:30  
Full Pool

18:00-19:00

General Swim

Full Pool

19:00-21:30

Lane Swim

19:00-20:00  
Full Pool

20:00-20:45  
2 Lanes Available

20:45-21:30  
Full Pool

18:00-21:30

Lane Swim

18:00-20:00  
2 Lanes Available

20:00-21:00  
3 Lanes Available

21:00-21:30  
Full Pool

18:00-19:00

General Swim

Full Pool

19:00-21:30

Lane Swim

19:00-20:00  
Full Pool

20:00-20:45  
2 Lanes Available

20:45-21:30  
Full Pool

13:00-15:30

Lane Swim

2 Lanes Available

15:30-18:00

General Swim

Full Pool

18:00-20:30

Lane Swim

Full Pool

13:30-16:00

General Swim

Full Pool

16:00-17:00

Lane Swim

Full Pool

### Swimming Session Index

#### Lane Swim

Lanes available for continuous swimming.

#### General Swim

Three single lanes, consisting of Fast, Medium and Slow Lanes. The remainder of the pool, is a free swim area.



**Chigwell**

SPORT & WELLNESS CENTRE