

Activity Timetable

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

21:00-22:00

Social Badminton

Fun for all the family
Sports Hall

14:00-14:45

Kids Climbing

7-17 year olds
Climbing Wall

10:00-10:45

Social Badminton

Fun for all the family
Sports Hall

15:00-16:00

Teen Gym

11-18 year olds
Gym

14:00-14:45

Kids Climbing

7-17 year olds
Climbing Wall

17:00-18:00

Social Badminton

Fun for all the family
Sports Hall

15:00-16:00

Teen Gym

11-18 year olds
Gym



Chigwell

SPORT & WELLNESS CENTRE