#### Monday 7th July 2025 - Sunday 13th July 2025

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

09:00-17:30

**Badminton & Table** 

Tennis

Fun for all the family

10:30-11:30

Teen Gym

13:45-14:30

**Kids Climbing** 

7-17 year olds

11-17 year olds

**SATURDAY** 14:00-14:45

**Kids Climbing** 7-17 year olds

15:00-16:00

Teen Gym 11-17 year olds

17:00-18:00

**Badminton & Table** Tennis Fun for all the family

**SUNDAY** 

11:00-12:00

**Badminton & Table** Tennis Fun for all the family

14:00-14:45

**Kids Climbing** 7-17 year olds

15:00-16:00

Teen Gym 11-17 year olds

18:00-19:00

**Badminton & Table** 

Tennis

Fun for all the family

10:45-11:30

**Kids Climbing** 7-17 year olds

13:45-14:45

Teen Gvm 11-17 year olds

16:00-17:00

Teen Gym 11-17 year olds

18:00-19:00 **Badminton & Table** Tennis

Fun for all the family

16:00-17:00

Teen Gym 11-17 year olds



### Monday 14th July 2025 - Sunday 20th July 2025

MONDAY **TUESDAY FRIDAY WEDNESDAY THURSDAY** 09:00-17:30 09:00-17:30 09:00-17:30 09:00-17:30 09:00-17:30 **Badminton & Table** Badminton & Table **Badminton & Table Badminton & Table Badminton & Table** Tennis Tennis Tennis Tennis Tennis Fun for all the family 10:30-11:30 10:30-11:30 10:30-11:30 10:30-11:30 16:00-17:00 Teen Gym Teen Gym Teen Gym Teen Gym Teen Gym 11-17 year olds 11-17 year olds 11-17 year olds 11-17 year olds 11-17 year olds

18:00-19:00 **Badminton & Table** Tennis Fun for all the family

14:00-14:45 Teen Gym 11-17 year olds

16:15-17:00 **Kids Climbing** 7-17 year olds

14:00-14:45 Teen Gym 11-17 year olds

> 16:15-17:00 **Kids Climbing** 7-17 year olds

10:45-11:30 **Kids Climbing** 7-17 year olds

14:00-14:45 Teen Gym 11-17 year olds

18:00-19:00 **Badminton & Table** Tennis Fun for all the family

14:00-14:45

**Kids Climbing** 7-17 year olds

**SATURDAY** 

15:00-16:00

Teen Gym 11-17 year olds

16:00-17:00 17:00-18:00 Teen Gym Tennis 11-17 year olds

**Badminton & Table** 

**SUNDAY** 

11:00-12:00 **Badminton & Table** Tennis Fun for all the family

14:00-14:45 **Kids Climbing** 7-17 year olds

15:00-16:00 Teen Gym 11-17 year olds



#### Monday 21st July 2025 - Sunday 27th July 2025

MONDAY **TUESDAY FRIDAY WEDNESDAY THURSDAY SATURDAY SUNDAY** 09:00-17:30 09:00-17:30 14:00-14:45 09:00-17:30 09:00-17:30 09:00-17:30 11:00-12:00 **Badminton & Table** Badminton & Table **Badminton & Table Badminton & Table Badminton & Table Badminton & Table Kids Climbing** Tennis Tennis Tennis Tennis Tennis Tennis 7-17 year olds Fun for all the family 09:30-10:15 15:00-16:00 16:00-16:45 14:00-15:00 18:00-19:00 14:00-14:45 **Badminton & Table** Teen Gym Teen Gym **Kids Climbing** Teen Gym Teen Gym Tennis 11-17 year olds 11-17 year olds 7-17 year olds 11-17 year olds 11-17 year olds Fun for all the family 17:00-18:00 15:00-16:00 16:00-17:00 17:00-17:45 16:00-16:45 **Badminton & Table** Teen Gym **Kids Climbing** Teen Gym **Kids Climbing** Tennis 11-17 year olds 11-17 year olds 7-17 year olds 7-17 year olds Fun for all the family 18:00-19:00

Badminton & Table Tennis Fun for all the family



#### Monday 28th July 2025 - Sunday 3rd August 2025

**THURSDAY** 

10:30-11:30

Teen Gym

11-17 year olds

14:00-14:45

Teen Gym

11-17 year olds

18:00-19:00

MONDAY

16:00-17:00

Teen Gym 11-17 year olds

17:00-17:45

Kids Climbing
7-17 year olds

18:00-19:00

Badminton & Table Tennis Fun for all the family **TUESDAY** 

10:30-11:30

Teen Gym 11-17 year olds

14:00-14:45

Teen Gym
11-17 year olds

12:45-13:30

Kids Climbing 7-17 year olds Diana

**WEDNESDAY** 

10:30-11:30

Teen Gym 11-17 year olds Kate

14:00-14:45

Teen Gym 11-17 year olds Sam

30

Badminton & Table Tennis Fun for all the family **FRIDAY** 

10:30-11:30

Teen Gym 11-17 year olds Kate

16:00-17:00

Teen Gym 11-17 year olds Diana

17:00-17:45

Kids Climbing
7-17 year olds

SATURDAY

14:00-14:45

Kids Climbing 7-17 year olds Gym Team

15:00-16:00

Teen Gym 11-17 year olds Gym Team

17:00-18:00

Badminton & Table Tennis Fun for all the family SUNDAY

11:00-12:00

Badminton & Table Tennis Fun for all the family

14:00-14:45

**Kids Climbing** 

7-17 year olds Gym Team

15:00-16:00

Teen Gym 11-17 year olds

Gym Team



### Monday 4th August 2025 - Sunday 10th August 2025

**THURSDAY** 

10:30-11:30

Teen Gym

11-17 year olds

14:00-14:45

Teen Gym

11-17 year olds

MONDAY

16:00-17:00

Teen Gym
11-17 year olds

17:00-17:45

Kids Climbing
7-17 year olds

18:00-19:00

Badminton & Table Tennis Fun for all the family **TUESDAY** 

10:30-11:30

Teen Gym 11-17 year olds Kate

14:00-14:45

Teen Gym
11-17 year olds

12:45-13:30

Kids Climbing 7-17 year olds Diana

WEDNESDAY

10:30-11:30

Teen Gym 11-17 year olds Kate

14:00-14:45 Teen Gym

11-17 year olds Sam

18:00-19:00

Badminton & Table Tennis Fun for all the family **FRIDAY** 

10:30-11:30

Teen Gym 11-17 year olds Kate SATURDAY

14:00-14:45

Kids Climbing
7-17 year olds
Gym Team

15:00-16:00

Teen Gym
11-17 year olds
Gym Team

17:00-18:00 Badminton & Table

**Tennis**Fun for all the family

SUNDAY

11:00-12:00

Badminton & Table Tennis Fun for all the family

14:00-14:45

Kids Climbing 7-17 year olds

Gym Team

15:00-16:00

Teen Gym 11-17 year olds

Gym Team



#### Monday 11th August 2025 - Sunday 17th August 2025

MONDAY

10:30-11:30

Teen Gym 11-17 year olds

16:00-17:00

Teen Gym 11-17 year olds

17:00-17:45

**Kids Climbing** 7-17 year olds

18:00-19:00 **Badminton & Table** Tennis Fun for all the family

**TUESDAY** 

10:30-11:30

Teen Gym 11-17 year olds

14:00-14:45

Teen Gym 11-17 year olds

12:45-13:30

**Kids Climbing** 7-17 year olds

WEDNESDAY

10:30-11:30

Teen Gym 11-17 year olds

14:00-14:45 Teen Gym

11-17 year olds

**THURSDAY** 

10:30-11:30

Teen Gym 11-17 year olds

14:00-14:45

Teen Gvm 11-17 year olds

18:00-19:00

**Badminton & Table** Tennis Fun for all the family

**FRIDAY** 

10:30-11:30

Teen Gym 11-17 year olds

16:00-17:00

Teen Gym 11-17 year olds

17:00-17:45

**Kids Climbing** 7-17 year olds

**SATURDAY** 

14:00-14:45

**Kids Climbing** 7-17 year olds

15:00-16:00

Teen Gym 11-17 year olds

17:00-18:00

**Badminton & Table** Tennis Fun for all the family

**SUNDAY** 

11:00-12:00

**Badminton & Table** Tennis Fun for all the family

14:00-14:45

**Kids Climbing** 

7-17 year olds

15:00-16:00

Teen Gym 11-17 year olds



#### Monday 18th August 2025 - Sunday 24th August 2025

**THURSDAY** 

10:30-11:30

Teen Gym

11-17 year olds

14:00-14:45

Teen Gym

11-17 year olds

18:00-19:00

MONDAY

16:00-17:00

Teen Gym 11-17 year olds

17:00-17:45

Kids Climbing 7-17 year olds Diana

18:00-19:00

Badminton & Table Tennis Fun for all the family **TUESDAY** 

10:30-11:30

Teen Gym 11-17 year olds

14:00-14:45

Teen Gym 11-17 year olds

12:45-13:30

Kids Climbing 7-17 year olds Diana

**WEDNESDAY** 

10:30-11:30

Teen Gym 11-17 year olds Kate

14:00-14:45

Teen Gym 11-17 year olds Sam

50

Badminton & Table Tennis Fun for all the family **FRIDAY** 

10:30-11:30

Teen Gym 11-17 year olds Kate

16:00-17:00

Teen Gym 11-17 year olds Diana

17:00-17:45

Kids Climbing 7-17 year olds Diana SATURDAY

14:00-14:45

Kids Climbing 7-17 year olds Gym Team

15:00-16:00

**Teen Gym** 11-17 year olds Gym Team

> 17:00-18:00 Badminton & Table

Tennis
Fun for all the family

**SUNDAY** 

11:00-12:00

Badminton & Table Tennis Fun for all the family

14:00-14:45

Kids Climbing

7-17 year olds

15:00-16:00

Teen Gym

11-17 year olds



#### Monday 25th August 2025 - Sunday 31st August 2025

MONDAY

09:00-17:30 Badminton & Table

**Tennis**Fun for all the family

16:00-17:00

Teen Gym 11-17 year olds

17:00-17:45

Kids Climbing 7-17 year olds

Diana

18:00-19:00

Badminton & Table Tennis Fun for all the family TUESDAY

09:00-17:30

Badminton & Table Tennis Fun for all the family

14:00-14:45

Teen Gym

11-17 year olds Sam

15:00-15:45

Kids Climbing 7-17 year olds **WEDNESDAY** 

09:00-17:30

Badminton & Table Tennis Fun for all the family

14:00-14:45

Teen Gym
11-17 year olds

15:00-15:45

Kids Climbing 7-17 year olds Badminton & Table Tennis Fun for all the family

**THURSDAY** 

09:00-17:30

14:00-14:45

Teen Gym
11-17 year olds

15:00-15:45

Kids Climbing 7-17 year olds

Sam

18:00-19:00

Badminton & Table Tennis

Fun for all the family

FRIDAY

09:00-17:30

Badminton & Table Tennis Fun for all the family

09:30-10:30

Teen Gym
11-17 year olds

16:00-17:00

Teen Gym 11-17 year olds

17:00-17:45
Kids Climbing

7-17 year olds

SATURDAY

14:00-14:45

Kids Climbing 7-17 year olds Gym Team

15:00-16:00

Teen Gym 11-17 year olds

17:00-18:00

Badminton & Table Tennis Fun for all the family SUNDAY

11:00-12:00

Badminton & Table Tennis Fun for all the family

14:00-14:45

Kids Climbing

7-17 year olds

15:00-16:00

Teen Gym

11-17 year olds

