

Activity Timetable

Term Time

MONDAY

TUESDAY

18:00-19:00

Social Badminton

Fun for all the family

WEDNESDAY

THURSDAY

18:00-19:00

Social Badminton

Fun for all the family

21:00-22:00

Social Badminton

Fun for all the family

FRIDAY

SATURDAY

13:00-14:00

Teen Gym

11-17 year olds

Gym

14:00-14:45

Kids Climbing

7-17 year olds

Climbing Wall

15:00-16:00

Teen Gym

11-18 year olds

Gym

15:00-18:00

**Social Badminton &
Tennis Tennis**

Fun for all the family

SUNDAY

10:00-11:00

Social Badminton

Fun for all the family

13:00-14:00

Teen Gym

11-17 year olds

Gym

14:00-14:45

Kids Climbing

7-17 year olds

Climbing Wall

15:00-16:00

Teen Gym

11-18 year olds

Gym

Please Note

There are some occasions where activities may be moved, changed or cancelled.

Please book in advance to avoid disappointment.



Chigwell

SPORT & WELLNESS CENTRE