

Indoor Swimming Pool Timetable

Monday 30th March 2026 - Sunday 5th April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	BANK HOLIDAY FRIDAY	SATURDAY	SUNDAY
06:00-09:00 Lane Swim 06:00-07:15 Half Pool 07:15-09:00 Full Pool	06:00-10:00 Lane Swim Full Pool	06:00-09:00 Lane Swim Full Pool	06:00-10:00 Lane Swim 06:00-07:15 Half Pool 07:15-10:00 Full Pool	08:00-10:00 Lane Swim Full Pool	08:00-15:00 Lane Swim 08:00-09:00 Half Pool 09:00-11:00 2 lanes available 11:00-11:30 1 lane available 11:30-13:00 2 lanes available 13:00-15:00 2 lanes available	09:00-15:00 Lane Swim 09:00-09:30 2 lanes available 09:30-13:00 1 lane available 13:00-15:00 Half Pool
09:00-13:00 General Swim Half Pool	10:00-12:30 Pool Closed	09:00-12:00 General Swim Half Pool	10:00-12:30 Pool Closed	10:00-15:00 General Swim Half Pool	15:00-17:00 * General Swim Full Pool	
13:00-15:30 Pool Closed	12:30-15:00 General Swim Full Pool	13:00-15:30 Pool Closed	12:30-15:00 General Swim Full Pool			
15:30-18:00 General Swim Full Pool	15:00-16:00 Floats and Fun Full Pool	15:30-18:00 General Swim Full Pool	15:00-16:00 Floats & Fun Full Pool		15:00-17:00 * General Swim Full Pool	
18:00-21:30 Lane Swim 18:00-20:00 2 Lanes Available 20:00-21:30 Full Pool	16:00-18:00 General Swim Full Pool	18:00-21:30 Lane Swim 18:00-20:00 Full Pool 20:00-21:30 Full Pool	16:00-18:00 General Swim Full Pool			
	18:00-21:30 Lane Swim 18:00-21:00 2 Lanes Available 21:00-21:30 Full Pool		18:00-21:30 Lane Swim 18:00-21:00 2 Lanes Available 21:00-21:30 Full Pool			

*16:00-17:00 is a party slot, please check prior to your visit if the pool is open.

Swimming Session Index
Lane Swim Lanes available for continuous swimming.
General Swim Some Lanes and the remainder of the pool, is a free swim area.
Lane Swim/Party Slot Slot available for birthday parties, please check in advance if the pool is available for lane swimming'

Indoor Swimming Pool Timetable

Monday 6th April 2026 - Sunday 12th April 2026

BANK HOLIDAY MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00-10:00 Lane Swim Full Pool	06:00-09:00 Lane Swim Full Pool	06:00-10:00 Lane Swim Full Pool	06:00-09:00 Lane Swim 06:00-07:15 Half Pool 07:15-09:00 Full Pool	06:00-10:00 Lane Swim 06:00-07:15 Half Pool 07:15-10:00 Full Pool	08:00-15:00 Lane Swim 08:00-09:00 Half Pool 09:00-11:00 2 lanes available 11:00-11:30 1 lane available 11:30-13:00 2 lanes available 13:00-15:00 2 lanes available	09:00-15:00 Lane Swim 09:00-09:30 2 lanes available 09:30-13:00 1 lane available 13:00-15:00 Half Pool
10:00-15:00 General Swim Half Pool	09:00-13:00 General Swim Half Pool	10:00-12:30 Pool Closed	09:00-13:00 General Swim Half Pool	10:00-12:30 Pool Closed	11:00-11:30 1 lane available 11:30-13:00 2 lanes available 13:00-15:00 2 lanes available	15:00-17:00 * General Swim Full Pool
	13:00-15:30 Pool Closed	12:30-15:00 General Swim Full Pool	13:00-15:30 Pool Closed	12:30-20:00 General Swim Full Pool		
	15:30-18:00 General Swim Full Pool	15:00-16:00 Floats and Fun Full Pool	16:00-18:00 General Swim Full Pool	20:00-21:30 Lane Swim 20:00-21:30 Full Pool	15:00-17:00 * General Swim Full Pool	
	18:00-21:30 Lane Swim 18:00-21:00 2 Lanes Available 21:00-21:30 Full Pool	16:00-18:00 General Swim Full Pool	18:00-21:30 Lane Swim 18:00-21:00 2 Lanes Available 21:00-21:30 Full Pool			
		18:00-21:30 Lane Swim 18:00-20:00 20:00-21:30 Full Pool				

*16:00-17:00 is a party slot, please check prior to your visit if the pool is open.

Swimming Session Index

- Lane Swim**
Lanes available for continuous swimming.
- General Swim**
Some Lanes and the remainder of the pool, is a free swim area.
- Lane Swim/Party Slot**
Slot available for birthday parties, please check in advance if the pool is available for lane swimming'

Indoor Swimming Pool Timetable

Monday 13th April 2026 - Sunday 19th April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06:00-09:00 Lane Swim 06:00-07:15 Half Pool 07:15-09:00 Full Pool	06:00-09:00 Lane Swim Full Pool	06:00-09:00 Lane Swim Full Pool	06:00-09:00 Lane Swim 06:00-07:15 Half Pool 07:15-09:00 Full Pool	06:00-09:00 Lane Swim 06:00-07:15 Half Pool 07:15-09:00 Full Pool	08:00-15:00 Lane Swim 08:00-09:00 Half Pool 09:00-11:00 2 lanes available 11:00-11:30 1 lane available 11:30-13:00 2 lanes available 13:00-15:00 2 lanes available	09:00-15:00 Lane Swim 09:00-09:30 2 lanes available 09:30-13:00 1 lane available 13:00-15:00 Half Pool
09:00-18:00 General Swim 09:00-12:00 Half Pool 12:00-18:00 Full Pool	09:00-15:00 General Swim 09:00-12:00 Half Pool 12:00-15:00 Full Pool	09:00-18:00 General Swim 09:00-12:00 Half Pool 12:00-18:00 Full Pool	09:00-15:00 General Swim 09:00-12:00 Half Pool 12:00-15:00 Full Pool	09:00-18:00 General Swim 09:00-12:00 Half Pool 12:00-18:00 Full Pool	11:00-11:30 1 lane available 11:30-13:00 2 lanes available 13:00-15:00 2 lanes available	15:00-17:00 * General Swim Full Pool
18:00-21:30 Lane Swim 18:00-20:00 2 Lanes Available 20:00-21:30 Full Pool	15:00-16:00 Floats and Fun Full Pool	18:00-21:30 Lane Swim 18:00-20:00 20:00-21:30 Full Pool	15:00-16:00 Floats & Fun Full Pool	20:00-21:30 Lane Swim 20:00-21:30 Full Pool	15:00-17:00 * General Swim Full Pool	
	16:00-18:00 General Swim Full Pool		16:00-18:00 General Swim Full Pool			
	18:00-21:30 Lane Swim 18:00-21:00 2 Lanes Available 21:00-21:30 Full Pool		18:00-21:30 Lane Swim 18:00-21:00 2 Lanes Available 21:00-21:30 Full Pool			

*16:00-17:00 is a party slot, please check prior to your visit if the pool is open.

Swimming Session Index

- Lane Swim**
 Lanes available for continuous swimming.
- General Swim**
 Some Lanes and the remainder of the pool, is a free swim area.
- Lane Swim/Party Slot**
 Slot available for birthday parties, please check in advance if the pool is available for lane swimming.