

# Activity Timetable

Monday 25th May 2026 - Sunday 31<sup>st</sup> May 2026

BANK HOLIDAY MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>09:00-17:30</b> Badminton & Table Tennis Fun for all the family Sports Hall	<b>09:00-17:30</b> Badminton & Table Tennis Fun for all the family Sports Hall	<b>09:00-17:30</b> Badminton & Table Tennis Fun for all the family Sports Hall	<b>09:00-17:30</b> Badminton & Table Tennis Fun for all the family Sports Hall	<b>09:00-17:30</b> Badminton & Table Tennis Fun for all the family Sports Hall	<b>13:00-13:45</b> Teen Gym 11-17 year olds Gym	<b>10:00-11:00</b> Social Badminton Fun for all the family
<b>13:00-14:00</b> Teen Gym 11-17 year olds Gym	<b>10:00-11:00</b> Kids Climbing 7-17 year olds Climbing Wall	<b>10:00-11:00</b> Kids Climbing 7-17 year olds Climbing Wall	<b>16:00-17:00</b> Teen Gym 11-17 year olds Gym	<b>10:00-11:00</b> Kids Climbing 7-17 year olds Climbing Wall	<b>15:00-15:45</b> Teen Gym 11-18 year olds Gym	<b>13:00-13:45</b> Teen Gym 11-17 year olds Gym
	<b>16:00-17:00</b> Teen Gym 11-17 year olds Gym	<b>21:00-22:00</b> Badminton & Table Tennis Fun for all the family Sports Hall			<b>15:00-18:00</b> Social Badminton & Tennis Tennis Fun for all the family	<b>15:00-15:45</b> Teen Gym 11-18 year olds Gym



**Chigwell**

SPORT & WELLNESS CENTRE