

Indoor Swimming Pool Timetable

Monday 25th May 2026 - Sunday 31st May 2026

BANK HOLIDAY
MONDAY

08:00-10:00

Lane Swim
Full Pool

10:00-15:00

General Swim
09:00-12:00
Half Pool
12:00-18:00
Full Pool

TUESDAY

06:00-09:00

Lane Swim
Full Pool

09:00-15:00

General Swim
09:00-12:00
Half Pool
12:00-15:00
Full Pool

15:00-16:00

Floats and Fun
Full Pool

16:00-18:00

General Swim
Full Pool

18:00-21:30

Lane Swim
18:00-21:00
2 Lanes Available
21:00-21:30
Full Pool

WEDNESDAY

06:00-09:00

Lane Swim
Full Pool

09:00-18:00

General Swim
09:00-12:00
Half Pool
12:00-18:00
Full Pool

18:00-21:30

Lane Swim
18:00-20:00
20:00-21:30
Full Pool

THURSDAY

06:00-09:00

Lane Swim
06:00-07:15
Half Pool
07:15-09:00
Full Pool

09:00-15:00

General Swim
09:00-12:00
Half Pool
12:00-15:00
Full Pool

15:00-16:00

Floats & Fun
Full Pool

16:00-18:00

General Swim
Full Pool

18:00-21:30

Lane Swim
18:00-21:00
2 Lanes Available
21:00-21:30
Full Pool

FRIDAY

06:00-09:00

Lane Swim
06:00-07:15
Half Pool
07:15-09:00
Full Pool

09:00-20:00

General Swim
09:00-12:00
Half Pool
12:00-20:00
Full Pool

20:00-21:30

Lane Swim
20:00-21:30
Full Pool

SATURDAY

08:00-15:00

Lane Swim
08:00-09:00
Half Pool
09:00-11:00
2 lanes available

11:00-11:30
1 lane available

11:30-13:00
2 lanes available

13:00-15:00
2 lanes available

15:00-17:00 *

General Swim
Full Pool

SUNDAY

09:00-15:00

Lane Swim
09:00-09:30
2 lanes available
09:30-13:00
1 lane available
13:00-15:00
Half Pool

15:00-17:00 *

General Swim
Full Pool

*16:00-17:00 is a party slot, please check prior to your visit if the pool is open.

Swimming Session Index

Lane Swim

Lanes available for continuous swimming.

General Swim

Some Lanes and the remainder of the pool, is a free swim area.

Lane Swim/Party Slot

Slot available for birthday parties, please check in advance if the pool is available for lane swimming'



Chigwell
SPORT & WELLNESS CENTRE