

Activity Timetable

Monday 19th October 2026 - Sunday 25th October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00-18:00 Badminton & Table Tennis Fun for all the family	09:00-19:00 Badminton & Table Tennis Fun for all the family	09:00-18:00 Badminton & Table Tennis Fun for all the family	09:00-19:00 Badminton & Table Tennis Fun for all the family	09:00-19:00 Badminton & Table Tennis Fun for all the family	13:00-13:45 Teen Gym 11-17 year olds Gym Team	11:00-12:00 Badminton & Table Tennis Fun for all the family
16:00-16:45 Teen Gym 11-17 year olds Jourdan	10:00-10:45 Teen Gym 11-17 year olds Katie	09:00-09:45 Kids Climbing 7-17 year olds Katie	14:00-14:45 Teen Gym 11-17 year olds Sam	09:00-09:45 Teen Gym 11-17 year olds Katie	14:00-14:45 Kids Climbing 7-17 year olds Gym Team	13:00-13:45 Teen Gym 11-17 year olds Gym Team
21:00-22:00 Badminton & Table Tennis Fun for all the family	14:00-14:45 Kids Climbing 7-17 year olds Sam	14:00-14:45 Kids Climbing 7-17 year olds Sam	15:00-15:45 Kids Climbing 7-17 year olds Sam	10:00-10:45 Kids Climbing 7-17 year olds Katie	15:00-15:45 Teen Gym 11-17 year olds Gym Team	14:00-14:45 Kids Climbing 7-17 year olds Gym Team
	16:00-16:45 Teen Gym 11-17 year olds Sam	16:00-16:45 Teen Gym 11-17 year olds Sam	21:00-22:00 Badminton & Table Tennis Fun for all the family	16:00-17:00 Teen Gym 11-17 year olds Jourdan	15:00-18:00 Badminton & Table Tennis Fun for all the family	15:00-15:45 Teen Gym 11-17 year olds Gym Team
	21:00-22:00 Badminton & Table Tennis Fun for all the family	21:00-22:00 Badminton & Table Tennis Fun for all the family		21:00-22:00 Badminton & Table Tennis Fun for all the family		



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SPORT & WELLNESS CENTRE

Activity Timetable

Monday 26th October 2026 - Sunday 1st November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
16:00-22:00 Badminton & Table Tennis Fun for all the family	10:00-10:45 Teen Gym 11-17 year olds Katie	09:00-09:45 Kids Climbing 7-17 year olds Katie	14:00-14:45 Teen Gym 11-17 year olds Sam	09:00-09:45 Teen Gym 11-17 year olds Katie	13:00-13:45 Teen Gym 11-17 year olds Gym Team	11:00-12:00 Badminton & Table Tennis Fun for all the family
	14:00-14:45 Kids Climbing 7-17 year olds Sam	14:00-14:45 Kids Climbing 7-17 year olds Sam	15:00-15:45 Kids Climbing 7-17 year olds Sam	10:00-10:45 Kids Climbing 7-17 year olds Katie	14:00-14:45 Kids Climbing 7-17 year olds Gym Team	13:00-13:45 Teen Gym 11-17 year olds Gym Team
	16:00-16:45 Teen Gym 11-17 year olds Sam	16:00-16:45 Teen Gym 11-17 year olds Sam		16:00-17:00 Teen Gym 11-17 year olds Jourdan	15:00-15:45 Teen Gym 11-17 year olds Gym Team	14:00-14:45 Kids Climbing 7-17 year olds Gym Team
16:00-19:00 Badminton & Table Tennis Fun for all the family	16:00-19:00 Badminton & Table Tennis Fun for all the family	16:00-22:00 Badminton & Table Tennis Fun for all the family	16:00-19:00 Badminton & Table Tennis Fun for all the family	16:00-19:00 Badminton & Table Tennis Fun for all the family	15:00-18:00 Badminton & Table Tennis Fun for all the family	15:00-15:45 Teen Gym 11-17 year olds Gym Team
21:00-22:00 Badminton & Table Tennis Fun for all the family			21:00-22:00 Badminton & Table Tennis Fun for all the family	21:00-22:00 Badminton & Table Tennis Fun for all the family		



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